

Tomato Gravy with Meatballs Served Over Rice

Ingredients:

1 package of premade frozen meat balls

1 8 oz. can tomato sauce

2 tbsp. flour

2 tbsp. butter

1/4 tsp. salt

1/4 tsp. pepper

1/4 tsp. oregano

In a large sauce pan over medium heat melt butter. Add flour and mix well making the roux. Slowly whisk in tomato sauce; adding salt, pepper, and oregano. Add meatballs and simmer for about 30 minutes or until the meatballs have time to soak up the gravy.

In a separate pan, add two cups of water and bring to a boil, add a pat of butter and 1 cup of long grain rice; mixing well. Cover and simmer about 20 minutes until rice is done. Rice is done when you see holes in the top and all the water is gone.