Sweet Potato Fries

2-3 large sweet potatoes

3 tbsp. olive oil

2 tbsp. creole seasoning or any seasoning mix you prefer.

Preheat oven to 450 degrees. In a large bowl toss sweet potatoes in a large bowl with the olive oil and seasoning.

Spread evenly on a large baking sheet and bake turning after 10 minutes. Bake until golden brown.

You can also sprinkle the seasoning on them after you spread them on the baking sheet and I like to spray my pan with nonstick spray as well, but not required.

Enjoy.