Spanish Rice

2 tbsp. vegetable oil
1 cup uncooked rice
1 onion chopped
½ green bell pepper; diced
2 cups water
2 diced tomatoes
1 small can diced chilies
2 tbsp. tomato paste
Tsp. salt

In a deep skillet, heat oil over medium heat. Sauté rice, onion and bell pepper until rice is brown and all vegies are tender.

Stir in water, diced tomatoes, tomato paste, and jalapenos or chilies and add salt.

Cover and simmer over med low heat until rice is cooked and liquid absorbed.

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