

## Soft Boiled Eggs

1 egg at room temperature

Bring egg to room temperature by removing from the refrigerator for about 15 minutes. Maybe you do this while you wait for your morning coffee.

Gently place the egg in a pot and fill with just enough water to cover the egg.

Bring to a boil, cover, turn off heat and wait 4 minutes.

Place egg in an egg cup or a bowl.

If you don't have an egg cup, take a spoon and jab into the middle of the egg to half it. Scoop the egg out of each shell and presto.

Dip slices of dry toast in the yolk.