

# Sausage, Egg and Cheese French Toast

Ingredients:

2 slices of bread

2 eggs

Salt and pepper

2 sausage patties

1 slice American cheese

1/4 cup of milk

Place one egg and milk into a large bowl. Big enough to put a slice of bread in. Mix well.

Add salt and pepper

Meanwhile place your sausage patties in a medium skillet over medium heat and cook until at least 145 degrees or done to your taste. Remove from pan and drain on paper towels.

Dip both slices of bread into your egg and milk mixture ensuring to cover both sides.

Place in a heated skillet and cook until brown on both sides. Set aside on a small saucer.

Next fry your egg however you like them for your egg sandwich. I like it over hard for a sandwich, but you can also scramble them.

When the egg is almost done, place the slice of cheese on top and remove from the pan.

Place the sausage on one slice of your French toast, top with egg and cheese.

Now the fun part. You can drizzle with syrup, top with jelly, or add mayo to your other slice of bread. You can make it however you like.

Personally, the syrup isn't bad.