

Rolled Chicken Cordon Blue

6 boneless, skinless chicken breasts

6 slices lean ham

6 slices of provolone cheese (or your favorite cheese)

Sprinkle of parsley

Garlic and herb seasoning

Creole seasoning

Clean chicken, pound flat and rinse with cold water. Pat dry with a paper towel!

Sprinkle both sides of each breast lightly with parsley, garlic and herb seasoning, and creole seasoning. You can use whatever seasoning you like such as just salt and pepper if desired.

Place the chicken flat, layer with ham, cheese, and ham again. Roll from one end to the other securing with a toothpick.

Place in a preheated 375 degree oven for about 30 minutes or until done.

Serve with your choice of vegetables.