

Deviled Eggs

Ingredients

7 hardboiled eggs

¼ cup mayo (if you want healthy use no flavored yogurt)

Salt and pepper

1tsp. Dijon mustard

1 ½ tbsp. sweet pickle relish

Paprika for garnish

You can also garnish with chives, pimentos, olives, bacon or whatever you choose.

Peel the eggs and cut in half lengthwise. Remove the yolks and place in a small bowl or a zip log bag.

If using the bowl, mash with a fork and stir in the mayo or yogurt, relish, mustard and salt and pepper .If you use the bag, mash the eggs, mayo or yogurt, relish, mustard and salt and pepper in the bag. Cut a tip in the corner and use as a pastry bag to fill the egg whites. If you mix in a bowl, spoon evenly into the egg whites.

Garnish with paprika.