

Breakfast Medley

1 cup leftover rice

1 egg scrambled

¼ cup diced onion

2 slices of ground sausage

¼ cup cheddar cheese

Tbsp. olive oil

In a medium pan, cook sausage; breaking it up with the spatula. Cook until done and then remove from the pan and drain. Remove grease from pan.

Heat olive oil in the pan, add the rice and onion and fry for about 5 minutes.

Add the egg and continue cooking until the egg is done.

Re add sausage stirring well and then sprinkle the top with cheddar cheese if desired.